

# PARENTING THROUGH STRONG EMOTIONS



- ✓ *Are your child/youth's emotions out of control, too intense, sensitive, or explosive?*
- ✓ *Do you struggle with behavioural problems at home or school?*
- ✓ *Perhaps you'd just like to know more about supporting your child/youth with their strong emotions?*

Then you'll benefit from our Parenting Through Strong Emotions 4-part series!

Non-Intersect clients welcome as any parent/caregiver in the community can participate.

**WHEN?** Wednesdays from 6:00-7:30 pm

**Where?** 1294 3<sup>rd</sup> Ave

Offering the Series in June 2024!

<b>Session #1</b> What's Going on with my Kid? <b>*Must attend in order. Starting with session 1</b>	<b>June 5th</b>
<b>Session #2</b> What is emotion coaching?	<b>June 12th</b>
<b>Session #3</b> What's getting in our way?	<b>June 19th</b>
<b>Session #4</b> What about behavior?	<b>June 26th</b>

Phone for more info: 250-562-6639 email [info@intersect.bc.ca](mailto:info@intersect.bc.ca) or go to [www.intersect.bc.ca](http://www.intersect.bc.ca)

